

Receive CEU's from Illinois Central College

To receive CEU's (Continuing Education Units) from Illinois Central College, Professional Development Institute for your participation in DIOSH Day 2011, please follow these instructions:

1. Please complete the information and check those sessions you attended below.
2. Complete all information on the "Participant Form" on the reverse side of this page. Social security numbers are required for proper placement of CEUs.
3. Complete both sides of this form and return completed forms to the ICC/PDI by April 1, 2011.
4. Mail to: Illinois Central College
Professional Development Institute
Attn: Ellen George
115 SW Adams
Peoria, IL 61635

Once ICC receives and enters your information, they will mail you a certificate. Your participation in DIOSH Day 2011 will then be reflected on your transcript at the college.

If you have any questions, please contact Ellen George, ICC/PDI (309) 999-4580.

DIOSH Day 2011 Attendance Verification

Participant Name _____

Participant Occupation _____

Participant Signature _____ Date _____

- 1A Learning to Live with Carbon Monoxide
- 1B Stay Alive! Focus on the Drive
- 1C A Caffeine Free Way to Start a Safe Day
- 1D OSHA Inspection 101
- 2A/3A Workshop Electrical Myths & Misconceptions
- 2B Green Building-A Life Style
- 2C Enforcing OSHA's Emphasis Programs
- 2D Planning for Severe Weather
- 3B Lead Abatement
- 3C Construction Safety-What You Don't See
- 3D Industrial Hygiene Exposure Monitoring
- 4A Tired and Burned out? Tools to Restore Health & Vitality
- 4B Office Safety
- 4C Return to Work-Zero Days Missed
- 4D OSHA Update
- 5A Fall Protection-The Next Step and Beyond
- 5B Fire Control Systems
- 5C HELP! Get the 411 to Avoid 911
- 5D Confined Space
- 6A CPR Made Simple
- 6B PPE/Hazards
- 6C Cranes in Construction-Final Rule
- 6D OSHA Recordkeeping