

DIOSH DAY 2012

Wednesday, February 29, 2012

Peoria Civic Center

Peoria, Illinois



DIOSH Day is...

for employers, employees, and all others interested in safety and health. Experts in the field will present a program on the most current issues in safety and health today. Many governmental agencies will have booths in the exhibit area. This is a great opportunity to get your workplace safety questions answered in a neutral setting.

8-8:50 a.m.—Breakout Session 1 (Choose One)

- 1A Respiratory Protection**
Patrick Fullen, 3M
- 1B Heat and Cold**
Justin Sternes, OSHA
- 1C Wellness...at Work? It's Your Choice!**
Pam Lichtenstein, OSF
- 1D OSHA Update**
Nick Walters and Tom Bielema, OSHA

9:15 - 11:20 a.m.—A.M. Workshop **2A/3A Myths of Electricity: Current Dangers** Bob LoMastro, LoMastro & Associates, Inc.

9:15 - 10:05 a.m.—Breakout Session 2 (Choose One)

- 2B CPR and Other Steps to Save a Life**
Darlene Radosavlyev, American Red Cross
- 2C Ergonomics: Benn There, Done That, Why Isn't It Working? A New Approach to Ergonomic Solutions**
Robin Poston, SmartWork Solutions, Inc.
- 2D Lessons Learned from Fatalities - What is Killing Illinois Workers?**
Brian Bothast, OSHA and Cheryl Neff, IDOL

10:30 - 11:20 a.m.—Breakout Session 3 (Choose One)

- 3B Construction Safety**
Mark Rzasa, OSHA
- 3C It's Not Your Father's Office**
Wayne Abbott, State Farm Insurance
- 3D Distracted Driving**
Michelle Ellison, Indiana Department of Labor

Conference Schedule

- 7 a.m. **Registration**
(Complimentary Refreshments in Exhibit Area)
- 7–11:30 a.m. **Mini Health Fair**
- 7 a.m.–3:10 p.m. **Exhibit Area Open**

12:50 - 1:40 p.m.—Breakout Session 4 (Choose One)

- 4A Machine Safeguarding - What's New in Regs & Products?**
Roger Harrison, Rockford Systems, Inc.
- 4B Preventing Lower Back Pain**
Dr. Brad Cotton, Trotter Chiropractic Office
- 4C Industrial Hygiene Update**
Ed Marshall, OSHA

12:50 p.m.-2:50 p.m. —P.M. Workshop (4D/5D) **Safety is More Than a Slogan** Tom Grey, Grey & Associates

2 - 2:50 p.m.—Breakout Session 5 (Choose One)

- 5A Personal Protective Equipment (PPE)**
Erin Cropsey, OSHA
- 5B What You Don't Know Can Burn You**
Glen Carter, Justrite Manufacturing Company
- 5C Health & Safety Issues 303**
Brian Bothast, OSHA

3:10 - 4 p.m.—Breakout Session 6 (Choose One)

- 6A How Lean Enhances Safety & Health**
Ed Huey, Illinois Manufacturers Extension Center
- 6B Community Emergency Response Team (CERT)**
Russ Steil, Jr. and Robert Fleming II, Illinois Emergency Management Agency (IEMA)
- 6C OSHA Safety Standards**
Tom Malerich, OSHA
- 6D Walk in Our Shoes (Mock OSHA Inspection)**

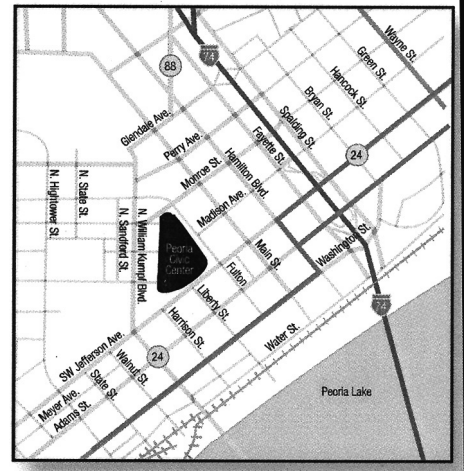


DIOSH DAY 2012

Early registration is encouraged, but on-site registration is available. Take advantage of a \$50 discount for reservations made by February 22. Fees must be paid by cash, check, or credit card at the time of registration. Reservations are transferable but not refundable. **Confirmation and check-in information is e-mailed to each individual registrant, so it is imperative that you provide an e-mail address.**

Online registrations are preferred. Registrations will also be accepted by mail or in person:

- **Online** at www.DIOSHDay.com
- **By mail** (with check* or Credit Card) to: 401 NE Jefferson Avenue, Peoria, IL 61603
- **In person** (with cash, check*, or Credit Card) at: 401 NE Jefferson Avenue, Peoria, IL 61603



* Make checks payable to DIOSH Day. For more information visit our website at www.DIOSHDay.com or call 1-877-DIOSH-DAY (877-346-7432). If special accommodations are needed, please notify the DIOSH registrar in advance.

Registration Form

Online Registration at www.DIOSHDay.com



21ST ANNUAL DOWNSTATE ILLINOIS OCCUPATIONAL SAFETY AND HEALTH DAY WEDNESDAY, FEBRUARY 29, 2012

Only one registrant per form; photocopy form for additional registrants. Please check one:

Full Registration. Fee: \$100/person **Full Registration for Full-time Students.** **Trade Show only.** Fee: \$10/person

(\$150 after February 22)—Includes morning refreshments, mini health fair, choice of break-out sessions, handouts, entrance to the exhibit hall, and hot buffet lunch.

Fee: \$35/person—Includes morning refreshments, Mini Health Fair, choice of breakout sessions, handouts, entrance to the exhibit hall, and hot buffet lunch.

Please provide the following information. We must have your e-mail address in order to send confirmation and check-in information. Please print legibly.

NAME _____

TITLE _____

COMPANY _____

STREET _____

CITY _____ STATE _____ ZIP _____

PHONE (____) _____ FAX (____) _____ E-MAIL _____

MasterCard Visa Discover Account # _____ Exp. Date _____

Diner's Club American Express

Cardholder's Name _____ 3-Digit Security Code _____

Signature _____

Please indicate at right each breakout session you plan to attend by circling your choice next to each session. This information will be used strictly to assist in advance planning for determining classroom size. You will not be held to attend the session you indicated; you may change your mind at any time. CEUs available from Illinois Central College.

Make your nomination for the Governor's Health & Safety Award.
Nomination form available on the DIOSH Day website.

Session 1:	1A	1B	1C	1D
Session 2:	2A/3A	2B	2C	2D
Session 3:	workshop	3B	3C	3D
Session 4:	4A	4B	4C	4D/5D
Session 5:	5A	5B	5C	workshop
Session 6:	6A	6B	6C	6D